



THE Villager

A NEWSLETTER OF SUNNYSIDE VILLAGE

Spring-Summer 2018

Health, Rehabilitation and Memory Care Center Groundbreaking

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Sunnyside Village residents, leaders, staff and representatives from SFCS Architects and General Contractor McIntyre, Elwell and Strammer gather to break ground for the construction of a new and expanded health, rehabilitation and memory care center.





EXPANDING

You may have noticed the exciting landscape change to our campus on the corner of Bahia Vista and Honore. There has been a bustle of activity including demolition, excavation, and convoys of trucks hauling in fill dirt to prepare for our newest addition. We are pleased to announce that the construction of our new and expanded health, rehabilitation and memory care center is underway.

The new 44,000 square foot, two-story building enables Sunnyside to increase the space available for therapy services and offer private rooms for Health Center residents and therapy patients. The innovative household-design where activities of daily living occur is reminiscent of a large family home. The open floor plan concept provides a “feel of home” by clustering



THE MISSION

resident care rooms near a living room, dining room and kitchen, offering a comfortable connection among household living spaces. The household model enhances accommodations and nurtures social interactions among residents for an advanced person-centered care program.

Along with the new addition, the existing Health & Rehabilitation Center will also go through an extensive renovation to complete the expansion project.

Sunnyside leadership, staff, residents and supporters ushered in the milestone moment with a groundbreaking



The Sunnyside property before and during demolition as plans take place to prepare the new building site. Residents of the Health and Rehabilitation Center have a close up view of some of the demolition.



Shown pictured from left to right: Sunnyside Village Executive Director, J. David Yoder, and Director of Health Services, Alex Maliwacki; Steve Bahmer, President and CEO of LeadingAge Florida.

on May 23. The occasion included insightful perspectives as well as a prayer of blessing and a hymn of celebration, preserving our mission of honoring God. Resident council leaders from each level of care took part in the gold shovel groundbreaking ceremony to represent their vital role in our strong neighborhood. The occasion also included attendance by Sarasota community business guests and leaders from other senior living communities. Attendees had the opportunity to view project renderings and enjoy delicious “construction themed” refreshments prepared by the chefs of Sunnyside.

Sunnyside’s Executive Director, J. David Yoder, conveyed the importance of the day and the new development. “Sunnyside is dedicated to the strong mission of serving others and effectively caring for their needs. We are committed to keeping our residents engaged at every level of care. This new addition will

expand our proficiency to focus and provide for our residents’ needs, now and into the future.”

Keynote speaker, Steve Bahmer, President and CEO of LeadingAge Florida acknowledged support for the project. “LeadingAge Florida’s mission is to support nonprofit, mission-driven organizations that expand the possibilities for seniors as they age. We are proud to be associated with an organization like Sunnyside that continues to invest in the lives of its residents, to improve the environment and services, and delivers the highest quality of care.”

The project is designed by SFCS Architects and overseen by General Contractor McIntyre, Elwell and Strammer. The new addition is expected to be finished the fall of 2019 with the renovation of the existing health center building and memory care portions slated for completion in 2020.



Independent Living Residents: Lucille Kendall, Harriett Corrigan, and Shirley Buerge enjoy the groundbreaking service (top right). Sunnyside Staff and residents express excitement over the day's events (below).

The new expansion will feature:

- 50 private and 10 semi-private rehabilitation and nursing rooms
- 18 private assisted living memory care rooms
- Inpatient and outpatient therapy center open to the public
- State-of-the-art physical and occupational therapy gym
- Indoor therapy pool
- Multiple living rooms, multi-purpose rooms and activities rooms
- Outdoor veranda, balcony and courtyard.



From the archives: Maintaining a Christian testimony

When an organization exists long enough, there are going to be occasions like the groundbreaking that will mark significant changes. However, in the late '70s, when the staff volunteer program ended, Sunnyside faced challenges. The Rest Home, along with other nursing homes around the country, was under increasing federal and state regulations.

After the Rest Home experienced nine years of successful operations, the decision was made to sell Sunnyside Rest Home. It was critically

important to Will Overholt and the Sunnyside board to maintain a Christian testimony and not to sell to 'just anyone'. After turning down private for-profit buyers and real estate developers, Sunnyside leaders sought to sell to a Mennonite church-related organization.

In 1976, a local group created an acquisition committee to explore the idea of purchasing Sunnyside. Officials of the local Mennonite churches and the area conference, Southeast Mennonite Conference, were supportive. By March of 1977,

Sunnyside Rest Home was sold, contingent on the ability of the group to obtain funds and a building permit to add 11 beds to the nursing facility. This was accomplished, resulting in the current 60-bed license.

Planning for Sunnyside didn't end there. The idea to expand beyond health care and include a retirement community was just developing.

Resources: References from Conestoga Wagon to Modern Times: The Eventful Life of W. J. Overholt [a book written by Will Overholt with reflections on his life experiences]

Sunnyside leaders gather to sign the Rest Home to new ownership. Pictured: Elbert Detweiler, Administrator; Deacon Harvey Miller; Will Overholt; Attorney John Lyons; Deacon Ernest Hochstetler; Olen Eicher; and Attorney Roberts.



RESIDENTS AND STAFF

Treated with Appreciation

The third annual Sunnyside Appreciation Event provided an opportunity to say thanks to our residents, their families, our staff and their families during a beautiful day in March. There were many activities for the kids and the young at heart. This year the event featured food trucks, barbecue, an ice cream truck and cupcakes to highlight Sunnyside's fiftieth anniversary.







COUPLE CELEBRATES *Milestone Birthdays*

A birthday bash was held in honor of longtime residents Fred and Thelma Clark who both turned 100 within weeks of each other. Fred and Thelma remain active in the Sunnyside residential community life and enjoy computers and playing bridge. Interestingly both were born in the same month and in the same state.



COMMUNITY CENTER *Takes On a New Look*

The Community Center interior has a refreshed look since undergoing a beautiful renovation. Inside, walls and amenities were relocated to enhance foot-traffic flow and create gathering areas. A new coffee bar along with a coffee seating area was added. A new palette of colors coordinates the new carpet, furniture, paint, and decor.



VETERANS VISIT *War Memorials*



Sunnyside resident veterans Flo Foss and Dick Eddy had the opportunity to join other veterans on an Honor Flight to Washington, D.C. Flo Foss (left) was a corporal in the Marine Corps stationed at Camp Lejeune and Dick Eddy (right) was a tech sergeant in the Army, serving in the Korean War. They are two of many Sunnyside residents honored in this way over the years.



It's Play Time!



Sunnyside residents enjoyed some friendly competition playing shuffleboard and bocce. Not only was it a beautiful morning, the event was a chance for residents to mingle and create camaraderie. Thela Leach and Delores Olwell enjoy the games while becoming acquainted (top right); Betty Heiden looks on as Maietta Moshier takes her game of shuffleboard seriously (left); Resident Bill Yackey and Kelly Bender, Sales Counselor, take time for a team photo (bottom right).



AN AFTERNOON OF *Smoothies and Sailing*



Summer is here, which means the weather is turning warm. To keep cool, residents and future residents enjoyed the shade under the Community Center Veranda while watching the Sunnyside Yacht Club race their remote-controlled sailboats. They also sipped cold, delicious, healthy smoothies prepared and served by Chef Ed Catalane and server Ronika Perez-Reyes.

Dining Director Ed Catalane serves Wayne Kindt a smoothie (top left). Dining server Ronika Perez-Reyes with future resident Jean Farley (top right).



VILLAGE STORE *Marks 25 Years*



Dedicated and enterprising Sunnyside residents have collectively contributed thousands of volunteer hours over the years to the operations of the Village Store, located in the Sunnyside Manor. The Village Store, celebrating its twenty fifth year, is a popular location for residents to mingle, to share their skills and talents, and a place to buy small personal items, snacks, greeting cards, and other trinkets. Since its inception in 1993, the store's profits have been used to purchase equipment for the use and enjoyment of Sunnyside residents and have also been donated to aid the mission of the Sunnyside Foundation.



WELCOME NEW RESIDENTS



Galen and Ruth Swope

Over the course of about 30 years, Galen and Ruth Swope and their three children visited all 48 contiguous states, including Alaska, plus all of the Canadian provinces — all in their motorhome. This was a favorite family activity and created many great memories.

Galen grew up on a dairy farm near Harrisonburg, Virginia, and at age 21 moved to Pennsylvania where he met Ruth, a just-graduated nurse from Norristown, Pennsylvania. They have been married 60 years and have one son, two daughters, and five grandchildren.

Galen worked in management positions at several businesses and, since his retirement, has found the time to restore a 1931 Ford Model A Roadster. Ruth was a nurse, until the children were born, and then was a full-time homemaker for the family. She later filled some nursing positions at retirement and nursing homes.

Galen and Ruth moved to the area 10 years ago. They are very familiar with Sunnyside Village since Ruth's brother Elam Hertzler, is a former resident of the residential living neighborhood. Galen and Ruth have also volunteered over the years to pour coffee and tea in the Lakeside Dining Room at Sunnyside, which Galen continues to do to this day.



Ron and Lee Ballauer

Just as in any good fairy tale, Ron and Lee Ballauer met in a ballroom. Their happily-ever-after brought them from Chicago to this area 18 years ago, and now to Sunnyside Village to enjoy their retirement and meet new friends.

Ron's story began in Chicago, where he was born and raised. He was a printer who trained at Lane Tech and later apprenticed at the Chicago Tribune. He also spent two years in the U.S. Army and served in Thailand. Not surprisingly, his team loyalties are with the Chicago Cubs and the Bears.

Lee's story also began in Chicago. She attended a dress designing school in Chicago and worked as a secretary for General Electric for 32 years.

WELCOME NEW RESIDENTS



Roger and Thela Leach

There are not many people in Sarasota who can say they attended a presidential inaugural ball, let alone President Truman's inaugural ball! But Thela Leach was there. There, also, may not be many people in Sarasota who can say they were born and raised in a house in a small town on the coast of Maine with no electricity, central heat or indoor plumbing. But, Roger Leach can and would add that he lacked for nothing, surrounded by a family that provided a feeling of security and self-worth.

Thela was born and raised in Salem, Missouri and worked as a secretary at the Pentagon. Roger, a graduate of the University of Maine who holds a graduate degree from Pennsylvania State, served in the Navy from 1945 to 1947. It was while he was stationed at Bethesda Naval Hospital, that he met Thela at a USO dance.

Later, Roger became the Farms Coordinator for the Pennsylvania Prison System, introducing up-to-date agricultural policies and techniques into the inmate treatment program. After that, he worked in administration for the University of Maine Extension Service.

Thela took time off from work until after their five children were grown and then worked at the University Of Maine Counseling Center. She has also volunteered for most of her adult life in a broad array of capacities.

Roger and Thela have nine grandchildren and three great-grandchildren.



Mary Ann Scholten

Mary Ann Scholten has trained a horse to pull a buggy and a farm wagon and she has learned to braid rugs, paint, sew and quilt. She, also, ran a houseware store within the family hardware store and raised a family. She says she is interested in learning new things and her list proves it.

Mary Ann was born in Holland, Michigan and went to Western Michigan College in Kalamazoo. She and her husband, Donald, were friends from childhood. Her husband went on to serve in the armed forces and was a P.O.W. in the Battle of the Bulge in WWII. She has three daughters, eight grandchildren, and six great-grandchildren. Mary Ann and her husband moved to the Meadows Country Club in 1986.

Mary Ann says the Christian community and the many fun activities are what attracted her to Sunnyside Village. She is looking forward to meeting new friends here.

WELCOME NEW RESIDENTS



Nora Carriero

Nora Carriero believes in the power of prayer. She has had several prayers answered, but one stands out to her. When you see her, ask her about how God used the rosary beads she keeps in her car to answer a specific request many years ago.

Nora was born and raised in Stamford, Connecticut, but has also lived in West Palm Beach and Sarasota. Her husband served in the armed forces and is buried in the Florida National Cemetery in Bushnell. She has three children, four grandchildren, and three great-grandchildren.

Nora feels that Sunnyside Village meets her needs, and she is especially thankful for the convenience of the therapy department.



Wayne and Pat "PK" Kindt

Here is a couple who love adventure! Wayne and Pat Kindt have flown over an erupting volcano in Hawaii and rafted over a 14-foot waterfall. Even the beginning of their relationship shows a bit of this adventurous spirit — they met on a blind date.

Wayne was born and raised in Wisconsin and attended Milwaukee Tech. He also went to Aurora University where he earned his B.A. in computer science. He worked in programming and engineering for Bell Laboratories and Lucent. Wayne volunteers his time at church, with a local food pantry, helps a small non-profit and serves tea and coffee in the Sunnyside Lakeside Dining Room.

Pat is from Aurora, Illinois, and attended the University of Illinois where she earned her B.S. in accounting and then an M.B.A. from DePaul University. She did corporate accounting for a natural gas distribution company in Illinois, and, also, a builder/developer in Florida. Pat has several volunteer activities including the food pantry, serving home communion, choirs, working with Helping Hands and serving drinks in the Lakeside dining room.

Wayne and Pat are glad to be at Sunnyside and are enjoying the friends, fellowship, activities, and the maintenance-free life. They are both Cubs fans, but Pat cheers for the Chicago Bears while Wayne roots for the Green Bay Packers.

God's enduring promises

By Chaplain Jarvis Hochstedler



PHOTO BY JUDY CLINE

The Chapel at Sunnyside Village.

I was recently blessed by receiving a photograph taken of the Sunnyside Village Chapel on September 5, 2017. The picture was captured late in the afternoon looking east into some very dark clouds. The sun was still shining in the west which illuminated the dark clouds to the east and placed a beautiful full rainbow in the eastern sky. The chapel is placed squarely under the apex of the rainbow making it look like a beautiful crown resting over the top of the roof line. Thanks to Judy Cline for this impressive shot.

My thoughts take me to Genesis 8. It is there you will find the end of the story of Noah and the ark. Noah had just endured the most incredible storm of all time. A storm which left only eight people, the sea creatures and the animals on the ark alive. It says that Noah, "built an altar to the LORD, and took of every clean animal and of every clean bird, and offered burnt offerings on the altar (8:20)." God was pleased with Noah's worship and made a covenant with him and all of creation. God promised, "While the

earth remains, seedtime and harvest, cold and heat, winter and summer, and day and night shall not cease."

In chapter nine God gives a sign of this covenant "for perpetual generations." He said, "I set My rainbow in the cloud, and it shall be for the sign of the covenant between Me and the earth. It shall be, when I bring a cloud over the earth, that the rainbow shall be seen in the cloud and I will remember My covenant... (9:13-14)." God truly is faithful, so every time you see a rainbow, do you believe?



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Sunnyside is affiliated with Mennonite Health Alliance, Southeast Mennonite Conference, LeadingAge and LeadingAge Florida.

The mission of Sunnyside Village is to honor God by enriching the lives of residents, staff and the community by providing homes, services and programs in a Christian environment.



Foundation Director, Michael Smith with residents Betty Heiden and Foundation Board Member, Crockett Walker, load items into a truck to deliver to Mothers Helping Mothers. The Foundation provides monetary and household goods to support charities with critical missions and needs.



The Foundation thanks Debbie Shapiro for recently donating a Nu-Step elliptical trainer. Pictured are Foundation Board Members, John Stevenson and Crockett Walker, accepting the donation from Ms. Shapiro.