

# SUNNYSIDE PROPERTIES OF SARASOTA, INC. Annual Report July 2018–June 2019



Channels of Comfort

"Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and **the God of all** comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God." (2 Corinthians 1:3-4 NIV)



Ray Crozier, Sunnyside Village resident, talks with J. David Yoder

### From the Executive Director...

At some point in our lives, most of us have either said something nice, provided a helping hand, or alleviated a physical burden for someone. We may have also offered a hug, wiped away tears, listened to concerns, or prayed for someone. These opportunities are simple acts of comfort that bring cheer or ease a heavy load. If you're visiting Sunnyside's campus, you will see this ministry of "comfort" daily, whether it's resident-to-resident, staff-to-staff, resident-to-staff, or staff-to-resident.

Comfort highlights an outcome not always mentioned when we think about providing a service to our residents. Words like compassion, care, love, and other relational terms more frequently used. The reality, however, is that when we do our work well at Sunnyside, residents, and staff can experience "comfort" in their lives. Comfort in whatever situation a person faces is a wonderful outcome!

As the scripture notes, comfort is not out of our resources but comes from the reservoir of comfort that God provided to us first. Thus, we are simply passing on comfort by being a channel to whom God has provided us to serve. These "channels of comfort" through good and challenging times, can lead to unexpected blessings.

Throughout these next pages, you will read about people who were impacted through comforting ways on our campus, and for some, how those interactions, services, or moments have been life-changing.

In all that we offer in our activities, amenities, services, and care we want to increase the comfort of our residents. Excitedly, one of the ways that we are doing this is through the new Health and Rehabilitation Center. It will provide more personal private space for resident care and daily life experiences with the addition of 42 private rooms. The new Rehabilitation and Therapy Center will also move into a custom-designed area that will allow for expanded services. And that's just the beginning as more renovation and changes will come in 2020.

So this is a year of anticipation – an anticipation of moving into a state-of-the-art nursing and rehabilitation facility. But, more significant, is the provision of greater comfort for our residents, the kind of comfort that we can share because of the comfort God has extended to each of us.

Residents and staff together embrace our desire to honor God through our daily service to each other, with the outcome evidenced in acts of compassion and comfort.

May all that we do bring honor and glory to God this year!

J. David Yoder, Ed.D. Executive Director **MISSION:** To honor God by enriching the lives of residents, staff, and the community by providing homes, services, and programs in a Christian environment.

### **A LIFELINE OF FRIENDS**

When Les and Irene Robinson moved to Sunnyside Village, Les' health began to decline. Irene faithfully committed to caring for him as best as she could, but the care took a toll. Irene reached out to a couple of Sunnyside ladies who lived within the same apartment building, and they became her lifeline.

Revella Lee volunteered to go with Irene when she met with an attorney to discuss the legal matters, and she took notes while Irene concentrated on listening. When an ambulance and EMTs responded to assist Les, Vannie Jones prayed with Irene. It came to the point where Irene could call either Revella or Vannie for prayer whenever she needed encouragement. Les was sensitive to visitors, so whichever lady was available came to pray with Irene at her front door.

"I needed a lot of back-ups," Irene said. "I'd call them almost every day. These girls got me through with the Lord's help."

But blessings are not only one-directional. "People here so impress me," Vannie said. "Seeing this faithful lady, Irene, stand by her husband, I learned so much."



Vannie Jones, Irene Robinson, and Revella Lee



## SPIRITUAL COMFORT IN COMMUNION

Resident Sandra Wilbur needed to have knee replacement surgery, requiring extensive rehabilitation. Before her surgery, Sandra prepared herself by following instructions.

"Sandra's a phenomenal person and worked like crazy to get herself in the best condition she could before surgery," said Leigh Bagg, a physical therapist at Sunnyside. "She followed every instruction and had a great outcome because of her positive outlook."

After the surgery, Sandra was diligent in her therapy and cheerfully positive in her attitude. "She was absolutely a blessing to me, too. I looked forward to her coming in," Leigh said."

A special bond developed when they discovered that they were both Episcopalians and both lay Eucharistic ministers. When Sandra was unable to take communion at church, Leigh offered to provide communion to her at home.

"That was a wonderful thing for her to do," Sandra said. "After she had worked all day, she came over to my home and gave me communion. It was such a blessing to me." Leigh called it an "honor."

Shown left: Sandra Wilbur with Leigh Bagg, B.S. PT.



Roger and Thela Leach enjoying life at Sunnyside

### A REMARKABLE RECOVERY

Roger Leach developed a severe infection in his hip after a second hip replacement surgery. Over the next four months, Roger was in and out of the hospital. As future residents signed up for Sunnyside Independent Living, Roger and his wife Thela wanted him to recover and rehab at Sunnyside but were unsure how to make that happen. An opening became available. "There was a bed waiting for him when he discharged from the hospital," Thela said.

Roger then transferred to Sunnyside Health and Rehabilitation Center for infection care and rehabilitative therapy.

"It was pretty serious for a while, and there was a lot of pain. I credit Sunnyside with my being alive today. I didn't think I would make it," he said. "In the health center, and in nursing and therapy, everyone was just wonderful."

Roger's therapist gently pushed him to keep doing more than he thought he could, and it made all the difference in his recovery. After his recovery, the couple's decision to move into the Village neighborhood was cemented by the caring, friendly, family atmosphere they experienced.

## Did YOU KNOW? Sunnyside Residential Living has 226 homes in a neighborhood setting.

CORE PURPOSE: To Serve Others

**CORE VALUES:** Sunnyside will share God's love by being honest, kind, humble, grateful, and joyful.

## **SUPPORTIVE ACTS**

Sunnyside Manor resident Midge McCombie appreciates the little acts of support that make all the difference to her daily. She is one of many Manor residents who find themselves in need of assistance with daily activities, and the Sunnyside Manor staff dedicates to providing the everyday help and encouragement needed to extend their independence.

"Everyone has been very helpful, but especially Debbie Higgins," Midge said. "She always turns my bed down, or if I forget to put my clothes out for laundry, she does it. She is always looking to help."



Debbie Higgins, CNA, helps Midge McCombie, ready her bed for the evening.

## Did YOU KNOW? Sunnyside Manor served 57 assisted-living residents in 2018/19.

### **EXCEEDING EXPECTATIONS**

Marsha Sieger worked at nursing facilities and was familiar with how the operations, staffing, and the atmosphere surrounding the care functioned. But when her husband, Alvin, was moved to Sunnyside Health Center, she saw things she had never seen before.

"Sunnyside exceeded everything I've known about nursing homes," Marsha said. "The CNAs cared for him as though they are related to him."

When Alvin fell at home multiple times, Marsha took him to a local hospital, for treatment, and then he was sent to a short-term therapy center. When that facility discharged him, Marsha knew she could not care for him at home yet. She did the research, and Sunnyside Health Center stood out.

"Everyone cares for him in a way you don't see in other facilities. It's a certain mindset," she said. "The CNAs, the nurses -it's a real team effort the way they work together and treat him like a member of the family. They know him better than I do."

Marsha visits Alvin almost daily. When she goes home, she feels reassured about his care.

"The staff is the reason I can sleep at night," she said.



Marsha and Alvin Sieger

Did You Know? The Sunnyside Health and Rehabilitation Center provides short-term rehabilitative medical care, long-term comprehensive care, and palliative care. In 2018/2019, the Sunnyside Health Center served 245 residents.



Shown from left to right: Yuley Perez, LPN; Donna Miller, RN; Pam Kuehl, LPN, holding a photo of her mother; Connie Clark , Unit Clerk; Vicki Karajic, CNA

## A NEW PERSPECTIVE

Pam Kuehl has been a nurse at Sunnyside Health Center for 13 years. When her mom was no longer able to stay at a local assisted living facility, she felt fortunate to transfer her to Sunnyside Health Center. It opened Pam's eyes to the deep level of care provided.

Pam's mom was "difficult" and could, at times, be disruptive — a situation Pam was unaware of from the previous facility because staff did not tell her. It made a challenging transition more complicated.

"I didn't expect it to be like that. But to my blessing, the staff rose to the occasion," Pam said. She was worried that her mother was being a problem for the staff, but they dissuaded her. "They said, 'don't worry about it. This is what we do. You just see it as a daughter'."

It helped Pam understand much more broadly — from both the clinical and the family perspective — what professional healthcare workers go through and provide to residents and families.

"I was very touched by how patient, kind and understanding people could be," she said. "I don't think my mom would have received care like this anywhere else."

## Did You Know?

The Chapel Ministry reaches people across the world? Weekly live streaming programs on sunnysidevillage.org, allow residents, families, and friends to see Sunday services and other services including memorials and special occasions. Last year, people tuned in from 32 cities, 19 states, and 11 different countries, including the UK, Finland, Spain, and Israel.

## **CONTINUALLY GRATEFUL**

Residents and staff of Sunnyside Village often find a wonderful resource through the Sunnyside Foundation to help them through the trials of life. For decades, Sunnyside Foundation has provided comfort and solutions when none seemed possible. The Foundation provides financial and advocacy services but, also, impacts others' with different resources. Sometimes an answered prayer might come in the form of a car.

Sunnyside Manor LPN, Marlene Raphael, was struggling with a confluence of events in her life, including a second cancer diagnosis and an old, unreliable car. "It was rough," she said. Sunnyside colleagues had a solution.

The Sunnyside Foundation had received a car and was considering ways to help with its latest resource; it became clear to everyone that the car should go to Marlene.

"I don't know how to thank the people here. There are just no words," she said.



Marlene Raphael, LPN, gratefully shows her appreciation to J. David Yoder, Executive Director and Michael Smith, Director of the Foundation.

Did YOU KNOW? Over the past year, the Sunnyside Foundation provided over \$150,000 in direct financial grants, subsidies, and services to the Sunnyside community, including humanitarian aid to local charities.



Mary Bew, shown praying, has been committed to the prayer circle for 15 years.

### **QUIET CHANNELS OF MINISTRY**

Quiet ministry occurs weekly when a group of residents joins Chaplain Jarvis Hochstedler, to unite in prayer for their neighbors. It's another channel through which comfort to others flows. The prayer circle has been an integral part of the chapel ministry at Sunnyside for fifteen years, and its efforts are far-reaching. The group prays for each independent living resident and every employee quarterly and every Manor and Health Center resident monthly. This ministry is often discreet, but those who are part of the prayer group feel it is a responsibility. Resident Cheryl Stutzman says that "prayer is a precious privilege."

"Prayer changes things. Prayer has power. It's the most powerful thing we can do to help," remarked Carol Humphrey.

The connection and community of prayer extend into the Village. Recently, Chaplain Hochstedler started an informal "stand-up" prayer opportunity in the Health and Rehabilitation Center for anyone who wants to join in.

"This has opened up many different opportunities for ministry with staff and seems to impact the overall atmosphere in the Health Center," said Chaplain Hochstedler. "Praying together is not always perfect or convenient, and, sometimes, it's awkward. But, the connections are being built to God and with one another. It's just people encouraging one another."



"We Care Award" recipient with J. David Yoder, Executive Director.

#### "WE CARE" AWARD

Sunnyside Health and Rehabilitation RN, Linda Yoder, has provided comforting nursing care to residents for many years. She is part of a very distinct group of employees— one who currently serves on staff and who also served during the earliest days of Sunnyside. Her contribution to Sunnyside spans nearly 50 years of service.

Her consistent, gentle service represents the heart of the Sunnyside mission. Linda emphasizes the importance of Sunnyside's attitude, value system, respect for others, and the intention of doing things right.

Sunnyside chose to honor Linda with the 2018 "We Care" award for embodying each of our core values. To help us prepare for our fiftieth-year celebration, Linda graciously shared her nursing memories of volunteerism and the impact of faith and service - the core of Sunnyside's mission.

### PROFESSIONAL AND EDUCATIONAL ACHIEVEMENTS

Sunnyside proudly recognizes the following employees for their professional and educational achievements:

Leigh Bagg Registered Yoga Teacher

Anne LaCharity Certified Dietary Manager License

Kait Ann Schlabach LPN License

Danika Schell LPN License

Debbie Smith RN License

Andrea Torres LPN License Tammy Goodwin Resident Assessment Coordinator Certification (RAC-CT)

**Donna Vliet** Resident Assessment Coordinator Certification (RAC-CT)

Justin Helmuth Promoted to Director of Facilities

Allison Newhouse Promoted to Campus Risk Manager

Alicia Andrade Ayala, CNA and Lisa Duncan.



## Did You Know?

Employees can voluntarily donate money, accrued personal time, and more to an "Employee Sharing Fund" to support fellow employees in times of need? Last year, employees donated \$8,234.00 to assist fellow staff members.



Congratulations to Chanda Pollock, a registered and licensed occupational therapist, for being selected as the 2018 Sunnyside Health Service's Employee of the Year. Her team members chose Chanda for her kindness, compassionate care to residents, commitment to quality work, being a team member, reliability, and carrying out core values.



## **STAFF ENGAGEMENT SURVEY**

Sunnyside continually seeks ways to improve the Sunnyside experience for everyone. Every two years, Holleran Consulting – a national senior living research firm – evaluates residents, and staff satisfaction through surveys. This time, the study focused on staff engagement and Sunnyside earned Highest Honors.

#### What are Holleran Highest Honors?

Holleran Highest Honors are rarely bestowed. This distinction recognizes organizations which are truly "the best of the best." Historically, less than ten percent of Holleran client partners have earned this accolade.

The highest scoring factors for Sunnyside Village staff were:

- Feel Good About Work
- Know What Is Expected
- Provide Best Possible Care





Construction of the new and expanded Health, Rehabilitation and Memory Care Center

## **PROGRESS TO INCREASE COMFORT**

It's been an exciting year of progress—Sunnyside's new and expanded Health and Rehabilitation Center has gone from footings to near-finish. The 44,000 square foot, two-story building will enable Sunnyside to increase space for therapy services and offer private rooms long-term and short- term rehabilitative patients.

Sunnyside's innovative household-designed Health Center with open floor plan concepts aims to provide comfort with a "feeling of home." Resident care rooms will cluster near a living room, dining room, and kitchen, offering hospitable connections among household living spaces. The household model strives to enhance accommodations and nurtures social interactions among residents for an advanced person-centered care program.

Plans are underway for a fall move-in of residents to the 42 private rooms nearing completion. The Therapy Center will also move into its new space, expanding services to include leading-edge aquatic therapy and strength training equipment.

Phases Three and Four will continue into the spring of 2020 to complete a full renovation of the current Health Center East Hall, connecting it with the new building. Finally, towards the end of 2020, the Phase Five renovation and creation of a Memory Care Assisted Living Center will be completed in the current South Hall. Sunnyside is humbled and grateful to add memory care services to better serve the needs of residents and families.

## Did You Know?

Over 250 employees work for Sunnyside Village, each bringing unique skills and talents to comfort and care for residents.

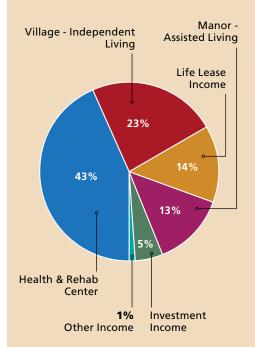
## **STEWARDSHIP**

#### Sunnyside Properties of Sarasota, Inc. Consolidated Financial Statements

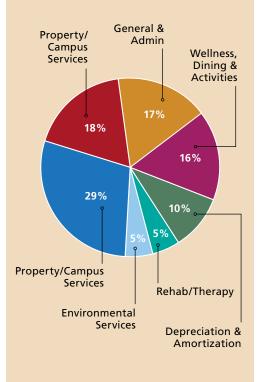
Twelve Months Ended June 30, 2019

	2019	2018
Assets	Unaudited	2010
Cash and Cash Equivalents	\$1,816,374	\$1,229,755
Accounts Receivable	1,595,268	1,547,960
Prepaid Expenses	403,761	499,245
Const Fund/Debt Svc Reserve		-
Marketable Securities	30,123,887	28,021,835
Assets Whose Use is Limited	12,498,468	21,371,630
Property and Equip (Net)	28,683,635	18,251,408
Other Assets	231,534	196,035
Total Assets	\$75,352,927	\$71,117,868
Liabilities & Net Assets		
Accounts Payable	\$960,401	\$589,508
Accrued Expenses	1,482,228	1,423,221
Lease Deposits	661,195	586,000
Long-term Tax Exempt Debt	22,894,346	22,413,140
Deferred Revenue From Lease Fees	14,941,167	14,908,164
Total Liabilities	\$40,939,337	\$39,920,033
Net Assets	\$34,413,590	\$31,197,835
Total Liabilities and Net Assets	\$75,352,927	\$71,117,868
Operating Revenues		
Resident Services	\$14,853,288	\$14,824,347
Life Lease	2,561,690	2,388,406
Rental Income	54,765	54,080
Realized Investment Income	1,021,464	1,144,353
Other Income	206,620	228,222
Total Revenue	\$18,697,827	\$18,639,408
Operating Expenses		
Resident Care	\$5,507,958	\$5,554,006
Quality Assessment Fee	401,833	419,034
Dietary	2,324,950	2,223,333
Environmental Services	849,105	829,021
Property and Equipment	2,905,151	3,629,822
General and Administrative	2,847,483	2,735,877
Depreciation and Amortization	1,609,408	1,290,872
Total Expenses	\$16,445,888	\$16,681,965
Net Operating Revenue	\$2,251,939	\$1,957,443
Unrealized/Non-Operating Gain/(Loss)	442,279	(166,859)
Sunnyside Foundation Net Revenues	521,537	453,317
Increase in Net Assets	\$3,215,755	\$2,243,9001

#### **Operating Revenue**



#### **Operating Expense**





Sunnyside Village 5201 Bahia Vista Street, Sarasota, FL 34232 941-371-4245, info@sunnysidevillage.org www.sunnysidevillage.org

PICTURED ON THE COVER: Heath Center Resident Margaret Gaulke and Osmari Rivera, LPN







Sunnyside Village is a 501(c) 3 not-for-profit organization affiliated with the Mennonite Health Alliance, Southeast Mennonite Conference, LeadingAge and LeadingAge Florida. AL#0007952. SNF#1535096

#### **Sunnyside Properties Board Members**

Wade Harris, Chair Kathy Bender, Secretary Doug Graber, Treasurer Cheryl Kornhaus, Vice Chair Nina Amaral Rob Pohl Kjell Purnell Curtis Ross II Dale Stoll

#### **Sunnyside Foundation Board Members**

H. Greg Lee, Chair Bob Antrim, Vice Chair Doug Graber, Secretary/Treasurer Wade Harris Hertha Kornhaus Curtis Ross II John Stevenson Crockett Walker Noah Weiler

#### **Church Affiliations**

Leading Age.

Florida

Abundant Life Church Bayshore Church Bethel Mennonite Church Newtown Gospel Chapel Iglesia Seguidores de Cristo Sarasota Community Church Sunnyside Mennonite Church

## **CHEERFUL GREETINGS**

A group of approximately 70 women meets twice a year, not to play games or compete, but to pack a punch of positivity. This group gathers for lunch, fellowship, and to sign "healing" cards -custom-designed cards created by resident artist, MaryRuth Morris. The signed greetings reach Sunnyside Village, Manor, and Health Center neighbors and staff in need of a loving message of encouragement. Approximately 400 cards are shared each year. What started five years ago with nine women has grown to a powerhouse of kindness that is immeasurable.

MaryRuth Morris with Joy Sicks

## Did You Know?

Sunnyside Village volunteers served more than 13,500 hours in various capacities from serving ice cream to assisting with activities to providing help with Chapel ministry.

