



## SUNNYSIDE VILLAGE

5201 Bahia Vista St. Sarasota, Florida 34232 • 941-371-2750 • SunnysideVillage.org  
*A Christian Senior Living Community*

September 25, 2020

### **Update to Village Independent Living Residents and Staff**

**Exercise classes are starting up next week!** Class sizes will be limited to accommodate social distancing. Masks are required for all indoor classes. We are excited to offer new outdoor classes on the Community Center Veranda. The outdoor class will allow us to accommodate more people with social distancing.

Please refer to your October activity schedule or Channel 195 for additional information. Sign-up sheets are located in the Community Center. Next week's schedule is outlined below:

#### **Monday**

9:00 AM – Chair Stretching Class with Leigh (Eicher Auditorium)

9:30 AM – Chair Stretching Class with Leigh (Veranda)

#### **Tuesday**

9:00 AM – Sequenced Movement/Balance Class with Howard (Veranda)

#### **Wednesday**

8:00 AM – Group Walk with Terrie and Allison (meet in the Community Center)

#### **Thursday**

9:00 AM – Sequenced Movement/Balance Class with Howard (Veranda)

#### **Friday**

10:00 AM – Water Exercise with Pat

2:00 PM – Aquacise Class with Stephen

We look forward to seeing you there!

#### **Coronavirus update:**

On Wednesday, we learned of another staff member that has tested positive for COVID-19. All the precautions and protocols for this situation are in place. The staff member had no symptoms. Residents and staff in the proximity of this staff member have been notified and asked to self-monitor for symptoms.

#### **Visitation guidance:**

- **Permitted on Campus** – residents, staff, medical personnel, caregivers, approved housekeepers, local friends and family members, campus service providers, trades, and federal agency personnel.
- **Visit neighbors** in your homes or outside, practicing social or physical distancing. Walk or meet up outdoors with proper physical distancing/face coverings when within 6-10 feet of others.
- **Family and friends from off campus** should go directly to your home, wear face coverings while on campus and not remain in any common areas. Physically distanced walks around the campus are acceptable.

**Regarding common areas in the Garden Apartments:**

- Face coverings are required in all common areas including, hallways, elevators, and lobbies.
- Please do not use the first-floor lobby areas to visit with family, friends, or neighbors.
- Second and third-floor common areas should not be used at this time for meetings, games, or gatherings, but are acceptable locations for small, quiet conversations if physically distanced.
- Be courteous to those neighbors who live near the common areas by keeping your noise levels moderated.

**Sunnyside Village Chapel** services have limited, distanced seating: Wednesday, at 10:30 a.m., Sunday at 10:30 a.m., and rebroadcast campus-wide on Sunday on both Channel 195 and 103 at 10:30 a.m.

Christian Life Class, at 10:30 a.m. in the Chapel. All safety and distancing parameters will be in effect, as the worship services.

**When you order restaurant food deliveries**, be sure your name and address are on the delivery packages. We have had pizza and great food delivered to 5201 Bahia Vista Street, and we never did find out who ordered it.

**What is happening ...**

- Sunnyside Manor Assisted Living apartments are available. Contact Amy Craig -Ext. 325
- Screening at the Checkpoint
- Show your Sunnyside name tag to Checkpoint personnel when you return to campus
- Personal housekeepers permitted if approved by Debbie Smith or J. David Yoder
- Carpet cleaning by approved service providers
- Deliveries such as groceries and food supplies from Shipt, Instacart, Grubhub, etc. can be left for you at the Checkpoint
- Packages delivered by Amazon, FedEx, and UPS are dropped off at the Checkpoint and wiped down before delivery on campus
- Lakeside Dining meal pickup/delivery
- Shopping and prescription pickup services
- Shopping on the Sunnyside bus
- Transportation to essential medical appointments at no charge if you do not own a car, have quit driving, or have not left campus since March 16 – call Ext. 266
- Bank hours are back to normal
- Village Impact window replacement
- Updated information is available on Channel 195 and the *SunnysideConnect* app

**What is not happening ...**

- Dine-in at Lakeside Dining
- Village Store- closed
- Library - closed
- Cards and table games

Thank you,

J. David Yoder

Executive Director, Sunnyside Village